



Fields of Grace Newsletter

<http://www.fieldsofgracemn.com>

Vol. 8, Issue 7

Bernadotte, First & Swan Lake Lutheran

February 2019



Baptism at Swan Lake

The December 30 joint service at Swan Lake was special, with the baptism of Kayden Layne Wolff. Kayden is the daughter of Katie and Brandon Wolff of Michigan and the granddaughter of Rick and Nancy (Gieseke) Grommersch and Tim and Linda Wolff. Great-grandparents are Ronald and Karon Grommersch. Kayden's godparents are Ryan and Leslie Grommersch and Sarah and Tony Cole. Kayden was born October 23.

Brady Webster benefit

A community benefit is being organized to help Brady Webster with medical expenses after receiving a kidney/pancreas transplant.

The Dad's Belgian Waffle Breakfast will be held from 9:00 a.m. to 1:00 p.m. Sunday, March 10 at the UFC Berdan Center in Winthrop.

The event will include a silent auction. More details will be in next month's newsletter.

Wednesday School

Wednesday School for grades five through nine will be held Wednesdays, February 6, 20 and 27. No class February 13.

Classes meet at First Lutheran, with supper at 5:30, class at 6:00 and prayer circle at 7:00 p.m.

There will be no Wednesday School during Lent. In lieu of class, students are expected to attend midweek Lenten worship. Confirmants may submit worship notes that will count toward their annual requirement.

Ash Wednesday is March 6

Lent begins Wednesday, March 6

Joint worship will be at
First Lutheran at 7:00 pm.

World Day of Prayer at Bernadotte

Bernadotte Lutheran will host World Day of Prayer Friday, March 1, starting with coffee hour at 9:00 a.m. Volunteers are needed to lead or assist with the service, help serve coffee hour before the service, and perhaps usher.

Contact Shaun at shaun.anderson@ridleyinc.com or Rosanne at kr-johnson@centurylink.net if you can help in any way. A sign-up sheet is at the back of church

Council Meeting Dates

- First Lutheran Council—Mon., Feb. 4, 5:30 p.m. at First
- Bernadotte Council—Mon., Feb. 18, 7:30 p.m., BLC
- FOG Council—Wed., Jan. 30, 7:45 p.m., FLC

Weekly Bible Study

Monday morning Bible Study will be held each Monday in February—the 4th, 11th, 18th and 25th—at 9:30 a.m. at First Lutheran. Every welcome!

First Communion preparation

Fifth grade students are invited to prepare to receive Holy Communion by attending three classes—Thursdays March 21, April 4, and April 11, at 7:00 pm at First Lutheran.

First communion will be celebrated at the FOG Maundy Thursday worship service at Bernadotte.

Pastor Heidi is both serious and joyful about the preparation for the sacrament of Holy Communion. Sacrament means an act or ritual that helps to connect us with God.

Sunday School

Sunday School will be held each Sunday during February at 10:15 a.m. at First Lutheran Church.

FIELDS OF GRACE WORSHIP SERVICES

Swan Lake Lutheran—8:00 a.m.—Communion the 1st and 3rd Sundays of the month

Bernadotte Lutheran—9:30 a.m.—Communion the 2nd Sunday of the month

First Lutheran—11:00 a.m.—Communion the 1st and 4th Sundays of the month

Pastor Heidi's Reflections

Winter brain fog. Apparently it is a real thing, especially for those of us who are growing older. Contributing to brain fog are the lack of sunshine and the colder temperatures that keep us inside. For whatever reason, I have been keenly aware of it this winter. Let me share a few practices that have helped me.

1. Scheduling

Handwrite your daily schedule. If you handwrite it, you have a better chance of remembering what you wrote down.

2. Morning and night routines

Try to keep to the same routine every morning and night.

3. Set a ton of phone alarms

If you have a smart phone, use the alarm function to keep track of everything you wrote down on your schedule. This way even if your brain fog is bad, you don't have to worry about forgetting your plans for the day.

4. Give Yourself Time

Give yourself extra time to start your day. Create extra time for prayer and bible reading. You might even create a prayer journal. Write down the names of people for whom you want to pray each day. Then, send a card to the person for whom you prayed. If you are one who reads the newspaper every day, try to pray your way through it for a few days.

Looking ahead—Lent is just around the corner

March 6, Ash Wednesday, FLC, 7:00 pm worship, imposition of ashes

March 13, Midweek worship, FLC, 6:00 pm soup supper; 7:00 pm worship

March 20, Midweek worship, BLC, 6:00 pm soup supper; 7:00 pm worship

March 27, Midweek worship, BLC, 6:00 pm soup supper; 7:00 pm worship

April 3, Midweek worship, SwL, 6:00 pm soup supper; 7:00 pm

worship

April 10, Midweek worship, SwL, 6:00 pm soup supper; 7:00 pm worship

April 18, Maundy Thursday, BLC, 7:00 pm worship with first communion

April 19, Good Friday, FLC, 7:00 pm worship

April 21, Easter, 6:30 am Sunrise service, FLC; 8:00 am worship, SwL; 9:30 am worship, BLC;

To contact Heidi: 507-766-2729 or pastor@fieldsofgracemn.com

'Blessed Bottoms' needs diaper donations

First United Methodist in New Ulm has started a program called Blessed Bottoms, a diaper assistance program. The pastor there reported that they currently have 29 families registered to receive diapers, but only have about half as many diapers as needed. Blessed Bottoms will gratefully accept donations of diapers (all sizes except newborn—they have plenty), coupons, and diapering supplies (wipes, diaper cream, etc.).

Cash donations can also be sent to First United Methodist Church, PO Box 364, New Ulm, MN 56073. Please note "Blessed Bottoms" or "Diapers" on the memo line.

Thrivent Associate membership can mean \$250 towards nearly any church project

FOG members are encouraged to consider applying for Thrivent "Associate Memberships" that cost just \$19.95 a year. Once enrolled, Associate Members can apply for a \$250/year Thrivent debit card that can be applied toward expenses related to any worthy church or non-profit community project. Some examples of projects that members have used Thrivent debit cards for include pizza to feed the volunteers for Food for Kids, advertising expenses for events (like ice cream social or Swedefest), food expense for special events, meal for Swedish college choir students, paper supplies for special events, supplies for quilts given to graduates, etc.

To enroll online, go to thrivent.com. Once the membership is set up, you may apply for the \$250 Action Team award online. Anyone needing help with applying by computer can contact Deb Sjostrom (507-276-0452) who would happily assist.

Those who are already Thrivent Benefit Members, and have annuities or policies, may apply for **two** \$250 debit cards each year. And, there are additional ways to give back with regular policies through Thrivent—contact Rosanne Johnson or your agent to learn how additional monies that can be given to your church or other non-profits.

FEBRUARY 2019 WORSHIP ASSISTANTS

First Lutheran Church

Ushers: 3-Bob Youngblom & Tom Youngblom; 10 & 17-Mark & John Haler; 24-Kevin & Laura Isaacson
Greeters: Bucky & Susie Wendorff
Reader: Cindy Youngblom
Liturgist: 3-Charlie Hartley; 10 & 17-Charles Youngblom; 24-Brad DeBoer
Altar: Cindy Youngblom & Traci Abrahamson
Coffee Servers: 3-Sue Helget & Carrie Nelson; 10-Cindy Youngblom & Nancie Carlson; 17-Laurie Larson & Lila Ellies; 24-Sandy Burger & Laura Isaacson
Communion Bread: Joyce Reese

Bernadotte Lutheran

Greeters: Jerome & Shaun Anderson
Acolyte: Marissa Anderson
Readers: 3-Lori Fenske, 10-Ruth Klossner; 17-Rosanne Johnson; 24-Sarah Johnson
Ushers: Tim Anderson, Beth Anderson, Bob Helget, Jackie Helget, Kyle Dalquist
Communion (Feb. 10): S-Tim Anderson; C-Rosanne Johnson; U-Jim Young & Trish Gieseke
Coffee Servers: 3-Sjostroms; 10-Carol Young; 17-Karen Wingen; 24-Dorothy Martens

Upcoming Community Events

•Lafayette Ambulance Steak Fry Fundraiser, Sat., Feb. 23, 5-9 pm, Dave's Place, Lafayette. Proceeds toward new equipment.

•LCS PROS Live & Silent Auctions and Pulled Pork Meal Fundraiser, Sun., Feb. 24, Lafayette Charter School Gym, 11 am meal, 1 pm live auction. Info: 507-228-8943.



Bernadotte WELCA Brunch

About 20 ladies gathered at Hahn's in Winthrop for Bernadotte's annual WELCA "first of the new year"

brunch January 12. It was a nice get-together on a winter morning—and the food was great, as always!

